

FOR IMMEDIATE RELEASE: PainPathways Magazine Focuses on Fibromyalgia and Chronic Pain During Thursday's LIVE Facebook Chat

WINSTON-SALEM, North Carolina – April 22, 2014. *PainPathways'* next LIVE Facebook Chat is **Thursday, April 24, at 8pm ET** and features Q/A and discussion on living with fibromyalgia and chronic pain.

Join experts Jan Chambers, fibromyalgia sufferer and president/founder of the National Fibromyalgia & Chronic Pain Association, and Dr. Dana Rutledge, director of research for the Fibromyalgia Research & Education Center at Cal State Fullerton, to learn what's new in fibromyalgia research and treatment.

People in pain, health care providers and caregivers are encouraged to participate in this interactive forum. Questions may be sent in advance via Facebook. Registration is not required, but chat details are available on Facebook.

Topics will include:

- Causes of fibromyalgia
- Pain and symptoms
- Diagnosis and treatment options
- Disease progression
- Exercise and pain
- Difficulty getting prescriptions filled

This is the second of six chats offered by *PainPathways* in 2014. Caregiving was discussed in March. Future topics include sports and pain, managing pain with neuromodulation, and women and pain.

Learn more about the 2014 series, read past transcripts or view *PainPathways* magazine on Facebook or at www.painpathways.org. Subscriptions and “share-able” current and past digital editions of *PainPathways* are available at www.painpathways.org.

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PainPathways, based in Winston-Salem, North Carolina, is a quarterly print and digital resource for patients, physicians and caregivers who manage acute, chronic or cancer pain. To subscribe for home or office, visit www.painpathways.org or find us on Facebook, Pinterest and LinkedIn.