

**FOR IMMEDIATE RELEASE: PainPathways Magazine's November Facebook Chat on Back Pain Features Pain Medicine Specialist and Pain Talk Show Host Dr. Paul Christo**

WINSTON-SALEM, North Carolina – November 8, 2013. Paul Christo, MD, will answer questions on back pain during a LIVE Facebook chat Thursday, November 14 at 9pm ET. Dr. Christo hosts *Aches and Gains*, the first talk show on pain and pain relief. Dr. Christo's program has made practical pain management information accessible to a broad audience ranging from those in pain to those concerned about developing pain.

Dr. Christo is one of America's foremost experts on relieving pain. A board certified, Harvard-trained anesthesiologist and Johns Hopkins-trained pain medicine specialist, U.S. News & World Report lists him as a Top Doctor and among the top 1 percent in the nation for Pain Management. He lectures internationally, serves on editorial boards, teaches, co-edited 3 textbooks on pain, and has published over 60 articles and book chapters on many topics related to pain treatment. People in pain, family members, caregivers, physicians and health care providers are encouraged to connect with Dr. Christo and share information with other participants during the chat.

**Extend Pain Education with Extra Magazines for Your Waiting Room**

Physicians and office managers can take advantage of discounted rates for waiting and exam room magazines while giving patients the extra tools they need to find their pathways to pain management. To order, call 336-714-8389, or click [www.painpathways.org](http://www.painpathways.org).